

BIBLICAL RESPONDING

Philippians 4:6-9

(L.O.R.D.)

I WILL (*by God's grace*) "be anxious for nothing, but in everything..."

L- Lift up my heart in **PRAISE** and **THANKS**. "with thanksgiving..." (v.6) cf. Ps. 100:4

Lord You Are: _____

I Am Thankful For: _____

You Have Done: _____

O - Offer my humble **REQUEST**. "...by prayer and supplication...let your requests be made known to God."

"Lord, considering this situation, I would like to ask you to:

(1. God's will/glory/help, 2. Others' well being, 3. My desires):

R- **Renew with YOUR TRUTH**. "whatever is true, ... honorable...right, ...pure, ... lovely,... admirable,... excellent or praise-worthy - *let your mind dwell on these things.*" (v.8)

"Lord in this situation I will study what you say about: (commands or teachings related to the topics of the original circumstance or thought):

Topic _____ *Scripture* _____

"Lord in this situation I will remember that you promise:

Promise _____ *Scripture* _____

Recognize/Confess Sinful Thinking*(Put Off)*

"Lord I am sorry for thinking thoughts (about You, self, or others) that are contrary to, or absent of, the truth."

(Repent)* MY NEW BIBLICAL THOUGHT *(Put On)

"Lord I will *willfully* rehearse this new thought if this situation and/or wrong thinking arises again":

D - DO what is helpful and right. "...practice these things." (v.9)

- A. Make practical and righteous plans of the things I will DO (be specific and concrete):

"Lord I will (to help this situation and/or follow through on scriptural principles):

- B. Acquire accountability, prayer, and encouragement if needed from:

NAME: _____